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## 4 Step Process of Chiropractic Care

Chiropractic care has a different approach to working with patients than does conventional medicine. It stands to reason then that the process of becoming a patient follows a slightly different path than you may be used to. To help you get to the bottom of your health concerns as quickly and efficiently as possible, you will move through the following 4 step process as you begin to work with our clinic.

### Step One: Free Phone Consult

Schedule free 10-minute phone consultation with Dr. Duggar or Patient Care coordinator. This call will allow us to:

1. Understand your primary complaints, goals and objectives
2. Explain our how our approach to care may help you
3. Help you prepare for your initial consultation appointment
4. Review costs associated with personalized functional medicine care
5. Schedule your Initial Consultation with Dr. Duggar (typically within 1-2 weeks)

### Step Two: Case Review Initial Consultation - \$90-150 + X-rays if necessary

During this 30-minute appointment, Dr. Duggar will review your pertinent health history, intake questionnaires and lifestyle behaviors. That will lead to a thorough structural evaluation to uncover the root of your structural pain. If X-rays and other diagnostic tests are needed, you will receive a requisition to have these procedures done at one of our affiliated imaging centers.

If you are in acute pain Dr. Duggar will make an assessment as to the safety of beginning treatment on your first visit. It is however our policy to not begin treatment until a clear clinical picture is understood and that may require reviewing diagnostic tests first. A follow up visit will be scheduled as soon as possible to review your case and begin treatment.

### Step Three: Case Review Report of Findings - \$100

The Case Review Consultation is a 30-minute appointment. Prior to the consultation, Dr. Duggar will review the results from diagnostic tests that were ordered along with your other exam findings. He then will create a Report of Findings, which is broken into three parts:

1. A summary of the underlying patterns that are contributing to your symptoms.
2. Any additional testing that may be needed to further diagnose your problem.
3. An outline of the suggested treatment plan, including adjustments, therapies, supplements and other lifestyle recommendations.

The cost of this appointment will be applied towards any treatment programs that are started on that day.

### **Step Four: Ongoing Treatment**

The success of each patient is our highest objective. Due to the nature of chiropractic treatment, a patient usually needs to be seen for adjustments on a regular basis over a specified time. Your goals and clinical circumstance will determine those parameters.

Dr. Duggar and his team have spent hundreds of hours to create a rich support structure to assist you in your journey. We have seen over the years that our patients who commit to the process of correcting and stabilizing their structural system get much more from our care than merely the temporary relief of pain. To make it easier for patients, we've created multiple comprehensive care programs that include all of the services that we offer in our office.

Details about these programs will be discussed during your Case Review Report of Findings visit and Dr. Duggar and our support team will help you get started on a program that is both a fit for your clinical needs as well as your budget.

### **Per Visit Fees**

Occasionally patients prefer to pay for their care on a per visit basis. Follow up consultation prices are as follows:

- Adjustments = \$40 - \$60
- Therapy service = \$15 - \$60
- Massage Therapy = \$35 (30 minutes) - \$70 (60 minutes)
- Homeopathic Injections = \$50/area
- Orthotics = \$140/pair