



# About Dr. Jerald Duggar D.C.

*Holistic Chiropractic • Functional Medicine • Wellness Consulting*

Dr. Duggar has a personal mission to help people get healthy, stay healthy and live their best life possible. Dr. Duggar's caring and compassionate heart and his love of others has earned him a reputation as a true healer. Dr. Duggar loves working with patients who are motivated to regain control of their health and his unique approach to healing, integrating chiropractic, functional medicine, nutritional coaching, stress management, detoxification, massage therapy, hormone balance, and various other modalities, empowers them to get results that they often didn't dare to dream were possible.

Like you, Dr. Duggar recognizes that one's health is their most valuable asset. He has devoted his life to helping others maximize their genetic potential for energy, vitality and happiness. As a speaker, Dr. Duggar always inspires his audiences with knowledge that has immediate take-home value. Audiences love his uncanny knack of being able to take complex problems and break them down into workable solutions.

Dr. Duggar firmly believes that when we all understand how our bodies are designed to work and what happened in our past that set up the condition where we lost our health, we will all be empowered to take control of it again. He knows that people are growing tired of taking a drug to mask every new symptom they experience and that people want to get at the root of the problem and he shows his audience how to ask the right questions and find the best solutions to transform their health and their life.

Dr. Duggar is as comfortable in front of a camera as he is in a large auditorium and he loves to share his message with small and large companies as well as small intimate groups of friends or church groups.

## Speaking Topics Include:

- **From Pain to Gain**
- **3 Keys to Detox**
- **JumpStart to Wellness**
- **Gut Restore in Four**
- **Brain Balance**
- **Balancing Hormones Naturally**
- **Adrenal Burnout Solutions**
- **Fatigued, Frumpy, Frazzled and Finally Tired of It**
- **Holiday Stress Solutions**
- **and many more**



*I just wanted to say that my husband and I absolutely loved it. We laughed and cried the whole time. We both learned so much about our health and we have already started taking some major steps to improve our lives. Thank you so much!"*

*"Dr. Jerry's wellness workshop was an inspiring event full of amazing answers for me. The professional yet fun atmosphere brought the perfect environment for learning and growth. If you are ready move forward with your health, Dr. Jerry is the best of the best. He has inspired me and helped bring me the answers I have been looking for!"*